

Your Guide to a Healthy Gut

News from the Celiac Center

Fall 2024

Upcoming Events



From the Experts: All Things Celiac Webinar on September 25, 2024

Staying on Top of The News: Highlights from the 20th International Celiac Disease Symposium

Join us for the first webinar in our Fall 2024 “Ask the Experts” series. Speakers will present on selected topics for 60 minutes, followed by 15 minutes for Q&A, on **Wednesday, September 25, 2024**, from **1- 2:15 pm ET**.

Learn the latest in celiac disease scientific and clinical findings from experts attending the 20th International Celiac Disease Symposium in Sheffield, United Kingdom, from September 5-7. **Jocelyn Silvester, MD, PhD**, Co-Director of the Celiac Disease Program at Boston Children’s Hospital (BCH), will summarize key takeaways from clinical and research areas for adults and pediatrics. **Nan Du, MD, MPH**, Pediatric Gastroenterologist at BCH, will present pediatric news. **Edwin Liu, MD**, Director of the Colorado Center for Celiac Disease Children’s Hospital, will present on predicting celiac disease.

Daniel Leffler MD, MS, Senior Medical Director at Takeda Pharmaceuticals, Gastroenterology and expert celiac gastroenterologist at the Celiac Center, Beth Israel Deaconess Medical Center, will serve as moderator for the seminar. **Chris Rich**, executive director of the National Celiac Association, will open and close the webinar. A Q&A session will follow the presentations; please submit general questions below or during the webinar on the Zoom platform.

Please note: This is an educational webinar, and no information is intended for diagnosis or treatment of any medical condition. Please seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

Continuing Education Units (CEUs): This course (220323-RSS) is approved by the Boston Children’s Hospital’s Continuing Education Department for 1.25 AMA PRA Category 1 Credits™ for physicians, 1.25 contact hours for nurses, 1.25 ACE CE continuing education credits for social workers, and 1.25 CEUs for Registered Dietitians.

Instructions for claiming credits will be made available during the webinar and transcripts will be available within 30 days.

[Click here to register](#)

[Click here for a library of past "All Things Celiac" Webinars](#)

Celiac Center News

Highlights from the International Celiac Disease Symposium, 2024

Our Celiac Center team enjoyed the lively 3-day International Celiac Disease Symposium (ICDS) in Sheffield, United Kingdom, from Sept 5-7, 2024. The ICDS is always an incredible opportunity to present our research findings, educate ourselves on the latest clinical and research data, and build international collaborations – all to increase awareness, diagnosis, and treatment options for our patients with gluten-related disorders.



Members of the AGA/Takeda expert clinical/research advisory board, ICSD 2024

For coverage of our team's posters, presentations, work in the national taskforce, and other interesting highlights from ICDS, [CLICK HERE](#)

And remember to join us on **Wednesday, September 25th** from **1-2:15pm ET** for our [Fall 2024 webinar: Highlights from the ICDS 2024](#).

Research Corner

Interested in Research?

You can help move knowledge about celiac disease forward by participating in research studies. Your physician can help you determine whether participating in a clinical trial is appropriate for you. If you are interested in research taking place at the Celiac Center, please call **617-667-8266** or email us at nlankipa@bidmc.harvard.edu.



Some of our **current enrolling clinical research studies** include:

1. **CD-PREG:** The CD-PREG study aims to understand and determine the frequency of celiac-related symptoms and the impact on the quality of life in patients living with celiac disease during their pregnancy and the postpartum period. [Click here to learn more.](#)
2. **The HaT Study:** Researchers are looking into the impact of mast cells on the symptoms in celiac disease and non-celiac gluten sensitivity. Any individuals with

celiac disease or non-celiac gluten sensitivity are invited to participate, as well as people currently undergoing testing to diagnose celiac disease. Study procedures include a bloodwork and a saliva swab. If interested, please contact: nlankipa@bidmc.harvard.edu.

Researchers at Beth Israel Deaconess Medical Center are conducting a research study to learn about ways to prevent the inflammatory effects of gluten.

This study may be a good fit for you if:

- You are between the ages of 18 and 75 years old
- You have biopsy-confirmed celiac disease
- You have been following a gluten-free diet for at least 12 months
- You can attend multiple study visits
- You are healthy

If you decide to take part in the research study, you would:

- Come for seven outpatient visits, including three that would last 5 hours each. The study will last approximately 1 and a half months.
- Complete a two-week at-home gluten challenge.
- Receive the KAN-101 infusion or placebo three times.

Location of Research: Clinical Research Center at Beth Israel Deaconess Medical Center

To compensate for time and travel, participants will receive \$2325, in addition to travel / parking reimbursement.

The Principal Investigator is: Dr. Amelie Therrien, MD

To take part in this research study or for more information, please contact: Nikhil Lankipalle via email at nlankipa@bidmc.harvard.edu or by phone at **617-667-8266**

Team Spotlights

Nikhil Lankipalle

Clinical Research Coordinator BIDMC Celiac Center

Nikhil Lankipalle is the Clinical Research Coordinator for celiac disease research in the Celiac Center at BIDMC. He completed his Bachelor's Degree in Biochemistry at the University of Virginia in 2024, where he conducted an independent protein research product on the HLA-DQ2 protein in patients with celiac disease. Nikhil returned to his hometown in Mansfield, Massachusetts and joined BIDMC in pursuit of conducting clinical research during his gap year while applying to medical school. His interest in celiac disease stems from the under-spoken prevalence of the condition and desire to study how the HLA-DQ2 protein impacts patients. At the Celiac



Center, Nikhil is the coordinator for various projects including the clinical drug trials KAN-101, TAK-101, TAK-062, and the new GLUTECH Trial, as well as non-drug studies including "Heterogeneity and Clinical Significance of Mast Cells in Celiac Disease and other Gluten Related Disorders."

The Clinicians of the Celiac Center wish you a safe and healthy fall season!

Beth Israel Deaconess Medical Center
Celiac Center
330 Brookline Avenue, Boston, MA 02215

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove®
Got this as a forward? [Sign up](#) to receive our future emails.
View this email [online](#).

330 Brookline Ave
Boston, MA | 02445 United States

This email was sent to .
To continue receiving our emails, add us to your address book.

emma®

[Subscribe](#) to our email list.