

## Resources

Take advantage of the growing number of resources that focus on celiac disease, gluten-related disorders, and the gluten-free diet. We try to include everyone so if you see an official group, center, or organization that should be added, please let us know.

## Celiac Medical Centers

These are our partners in the [Harvard Medical School Celiac Research Program](#):

[Center for Celiac Research and Treatment, Massachusetts General Hospital](#) - Boston, MA

[Boston Children's Hospital's Celiac Disease Program](#) - Boston MA

## Organizations and Support Groups:

Organizations and groups across the United States provide valuable support to those with celiac disease and non-celiac gluten sensitivity. They are strong advocates for the cause. Visit their sites for in-depth information and resources on living gluten-free.

[National Celiac Association](#)

[Celiac Disease Foundation](#)

[Gluten Intolerance Group](#)

[Beyond Celiac](#)

[International Foundation for Functional Gastrointestinal Disorders](#)

[International Society for the Study of Celiac Disease \(for clinicians\)](#)

[National Digestive Diseases Information Clearinghouse \(NDDIC\)](#)

[North American Society for Pediatric Gastroenterology, Hepatology and Nutrition](#)

[Academy of Nutrition and Dietetics](#)

[American Gastroenterological Association](#)

[Canadian Celiac Association](#)

[Society for the Study of Celiac Disease \(for clinicians\)](#)

[Joslin Diabetes Center](#)

## Other Websites:

- [GlutenFreeWatchdog.org](http://GlutenFreeWatchdog.org): Reporting of gluten-free food testing data for consumers
- The Celiac MD: Amy Burkhart, MD, RDN
- [DailyMed](http://DailyMed) (drug information):
- [ShelleyCase.com](http://ShelleyCase.com) Shelley Case, RD
- Gluten Free Travel Blog
- Gluten-free Globetrotter
- [Gluten-free Goddess Recipes](#)
- Celiac Travel Cards: Gluten-free restaurant cards in many languages
- Celiac And the Beast: Gluten-free lifestyle blog
- G-Free Foodie: a gluten-free recipe and gluten-free restaurant blog
- Teens' Health (from Nemours)
- [Gluten Free On a Shoestring](#)—budget conscious recipes

## Books:

Books on celiac disease and non-celiac gluten sensitivity appear on store shelves in great numbers. Please note many of these authors have written multiple books.

- Celiac Disease: A Hidden Epidemic by Peter HR Green, MD and Rory Jones, 2020
- Celiac Disease: An Issue of Gastroenterology Clinics of North America. Ebook. By Benjamin Lebwohl and Peter HR Green, MD, 2019
- Gluten Related Disorders: People Shall not Live on Bread Alone by Carlo Catassi, MD and Alessio Fasano, MD, 2017
- Gluten Exposed: The Science Behind the Hype and How To Navigate a Healthy, Symptom-Free Life by Peter HR Green, MD and Rory Jones, 2017
- Celiac Disease, A Book That Tells You How to Deal with Celiac Disease by Jocelyn S. Fraser MD, 2017
- Celiac Disease: Real Life Nutrition Strategies to Improve Symptoms and Heal Your Gut by Alexia Lewis RDN, 2017
- Gluten Free: The Definitive Resource Guide by Shelley Case, RD and Wanda Drury, 2016
- Understanding Celiac Disease: An Introduction for Patients and Caregivers by Naheed Ali, MD, 2016
- Gluten-Free All-in-One for Dummies by Consumer Dummies, 2015
- Mayo Clinic Going Gluten Free: Essential Guide to Managing Celiac Disease and Related Conditions, by Joseph Murray, MD, 2014
- Gluten Freedom by Alessio Fasano, MD, 2014
- Celiac Disease Nutrition Guide, 3rd edition by Tricia Thompson, MS, RDN, 2014
- Clinical Guide to Gluten-Related Disorders by Alessio Fasano, MD, 2013
- [Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free](#)
- by Melinda Dennis, MS, RDN, LD and Daniel Leffler, MD, MS, 2010

## Cookbooks:

- Celiac Disease Cookbook for the Newly Diagnosed by Rebecca Toutant, 2020
- How Can It Be Gluten Free Cookbook Collection by America's Test Kitchen, 2020
- America's Test Kitchen Magazine Best Gluten-Free Recipes by America's Test Kitchen, 2019
- The Gluten-Free Instant Pot Cookbook Revised and Expanded Edition by Sara De Leeuw and Jane Bonacci, 2019
- No Gluten, No Problem Pizza: Kelli and Peter Bronski, 2019.
- Gluten Free on a Shoestring Does Breakfast and Lunch. Nicole Hunn, 2019
- The Big Book of Gluten Free Cooking: Delicious Meals, Breads, and Sweets for a Happy, Healthy Gluten-Free Life by Gigi Stewart, 2018
- Celiac Cookbook: Delicious Gluten and Wheat Free Recipes by Martha Stephenson, 2018
- The Easy Gluten-Free Cookbook: Fast and Fuss-Free Recipes for Busy People on a Gluten-Free Diet by Lindsay Garza, 2017
- Gluten Free on a Shoestring, Nicole Hunn, 2017.
- Celiac for Dummies – Celiac Cookbook for a Gluten Free Life: Delicious Celiac Recipes that Are Sure to Please, 2016
- Gluten-Free Baking by Kristine Kidd, 2014
- Weeknight Gluten Free by Kristine Kidd, 2013
- Nourished by Luna Paige Smith, 2012

## Magazines:

- [Delight Gluten Free](#)
- [Allergic Living](#)

## Apps:

### [AllergyFree Passport Apps](#)

Offers different apps that people with celiac disease, as well as those with food allergies, can customize to search for restaurants and menu items

### [Find Me Gluten Free](#)

Lists addresses, phone numbers, and menus for restaurants 'near me' or 'near address' or cities; Crowd sourced, based on the experience of people with and without celiac disease

### [Fooducate](#)

Instant information on gluten and other allergens. "One Click" option to contact the manufacturer directly

### [iEatOut](#)

Features 7 different traditional cuisines including Chinese, Indian, Italian, French, Mexican, Thai, seafood and steak; can select gluten-free

### [Whole Foods Market Recipes App](#)

Free iPhone, iPod Touch, or iPad app that filters through recipes by categories and special diets. Finds recipes based on ingredient search, builds shopping lists

## Gluten Free Restaurant Cards

CeliacTravel.com's gluten-free restaurant cards are now conveniently available on your phone.

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