

Resources

Take advantage of the growing number of resources that focus on celiac disease, gluten-related disorders, and the gluten-free diet. We try to include everyone so if you see an official group, center, or organization that should be added, please let us know.

Celiac Medical Centers

These are our partners in the [Harvard Medical School Celiac Research Program](#):

[Center for Celiac Research and Treatment, Massachusetts General Hospital](#) - Boston, MA

[Boston Children's Hospital's Celiac Disease Program](#) - Boston MA

Organizations and Support Groups:

Organizations and groups across the United States provide valuable support to those with celiac disease and non-celiac gluten sensitivity. They are strong advocates for the cause. Visit their sites for in-depth information and resources on living gluten-free.

[National Celiac Association](#)

[Celiac Disease Foundation](#)

[Gluten Intolerance Group](#)

[Beyond Celiac](#)

[International Foundation for Functional Gastrointestinal Disorders](#)

[International Society for the Study of Celiac Disease \(for clinicians\)](#)

[National Digestive Diseases Information Clearinghouse \(NDDIC\)](#)

[North American Society for Pediatric Gastroenterology, Hepatology and Nutrition](#)

[Academy of Nutrition and Dietetics](#)

[American Gastroenterological Association](#)

[Canadian Celiac Association](#)

[Society for the Study of Celiac Disease \(for clinicians\)](#)

[Joslin Diabetes Center](#)

Other Websites:

- GlutenFreeWatchdog.org: Reporting of gluten-free food testing data for consumers
- The Celiac MD: Amy Burkhardt, MD, RDN
- DailyMed (drug information):
- ShelleyCase.com Shelley Case, RD
- Gluten Free Travel Blog
- Gluten-free Globetrotter
- Gluten-free Goddess Recipes
- Celiac Travel Cards: Gluten-free restaurant cards in many languages
- Celiac And the Beast: Gluten-free lifestyle blog
- G-Free Foodie: a gluten-free recipe and gluten-free restaurant blog
- Teens' Health (from Nemours)
- Gluten Free On a Shoestring—budget conscious recipes

Books:

Books on celiac disease and non-celiac gluten sensitivity appear on store shelves in great numbers. Please note many of these authors have written multiple books.

- Celiac Disease: A Hidden Epidemic by Peter HR Green, MD and Rory Jones, 2020
- Celiac Disease: An Issue of Gastroenterology Clinics of North America. Ebook. By Benjamin Lebwohl and Peter HR Green, MD, 2019
- Gluten Related Disorders: People Shall not Live on Bread Alone by Carlo Catassi, MD and Alessio Fasano, MD, 2017
- Gluten Exposed: The Science Behind the Hype and How To Navigate a Healthy, Symptom-Free Life by Peter HR Green, MD and Rory Jones, 2017
- Celiac Disease, A Book That Tells You How to Deal with Celiac Disease by Jocelyn S. Fraser MD, 2017
- Celiac Disease: Real Life Nutrition Strategies to Improve Symptoms and Heal Your Gut by Alexia Lewis RDN, 2017
- Gluten Free: The Definitive Resource Guide by Shelley Case, RD and Wanda Drury, 2016
- Understanding Celiac Disease: An Introduction for Patients and Caregivers by Naheed Ali, MD, 2016
- Gluten-Free All-in-One for Dummies by Consumer Dummies, 2015
- Mayo Clinic Going Gluten Free: Essential Guide to Managing Celiac Disease and Related Conditions, by Joseph Murray, MD, 2014
- Gluten Freedom by Alessio Fasano, MD, 2014
- Celiac Disease Nutrition Guide, 3rd edition by Tricia Thompson, MS, RDN, 2014
- Clinical Guide to Gluten-Related Disorders by Alessio Fasano, MD, 2013
- Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free
- by Melinda Dennis, MS, RDN, LD and Daniel Leffler, MD, MS, 2010

Cookbooks:

- Celiac Disease Cookbook for the Newly Diagnosed by Rebecca Toutant, 2020
- How Can It Be Gluten Free Cookbook Collection by America's Test Kitchen, 2020
- America's Test Kitchen Magazine Best Gluten-Free Recipes by America's Test Kitchen, 2019
- The Gluten-Free Instant Pot Cookbook Revised and Expanded Edition by Sara De Leeuw and Jane Bonacci, 2019
- No Gluten, No Problem Pizza: Kelli and Peter Bronski, 2019.
- Gluten Free on a Shoestring Does Breakfast and Lunch. Nicole Hunn, 2019
- The Big Book of Gluten Free Cooking: Delicious Meals, Breads, and Sweets for a Happy, Healthy Gluten-Free Life by Gigi Stewart, 2018
- Celiac Cookbook: Delicious Gluten and Wheat Free Recipes by Martha Stephenson, 2018
- The Easy Gluten-Free Cookbook: Fast and Fuss-Free Recipes for Busy People on a Gluten-Free Diet by Lindsay Garza, 2017
- Gluten Free on a Shoestring, Nicole Hunn, 2017.
- Celiac for Dummies – Celiac Cookbook for a Gluten Free Life: Delicious Celiac Recipes that Are Sure to Please, 2016
- Gluten-Free Baking by Kristine Kidd, 2014
- Weeknight Gluten Free by Kristine Kidd, 2013
- Nourished by Luna Paige Smith, 2012

Magazines:

- [Delight Gluten Free](#)
- [Allergic Living](#)

Apps:

[AllergyFree Passport Apps](#)

Offers different apps that people with celiac disease, as well as those with food allergies, can customize to search for restaurants and menu items

[Find Me Gluten Free](#)

Lists addresses, phone numbers, and menus for restaurants 'near me' or 'near address' or cities; Crowd sourced, based on the experience of people with and without celiac disease

[Fooducate](#)

Instant information on gluten and other allergens. "One Click" option to contact the manufacturer directly

[iEatOut](#)

Features 7 different traditional cuisines including Chinese, Indian, Italian, French, Mexican, Thai, seafood and steak; can select gluten-free

[Whole Foods Market Recipes App](#)

Free iPhone, iPod Touch, or iPad app that filters through recipes by categories and special diets. Finds recipes based on ingredient search, builds shopping lists

[**Gluten Free Restaurant Cards**](#)

CeliacTravel.com's gluten-free restaurant cards are now conveniently available on your phone.

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