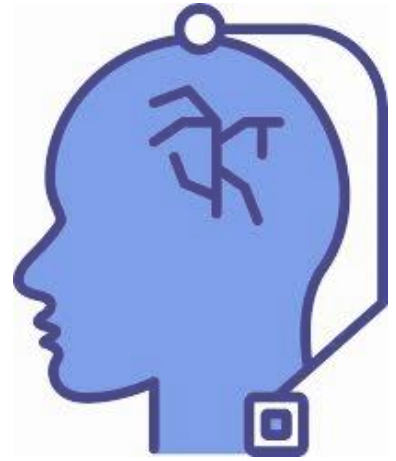


Deep Brain Stimulation (DBS): Could it help you?

What is DBS?

Deep Brain Stimulation (DBS) is a safe, FDA-approved treatment that uses a small, implanted device to deliver electrical pulses to targeted areas of the brain. **It is most commonly used for Parkinson's, essential tremor, and dystonia.** These pulses help manage tremor, slowness, stiffness, and medication related side effects like dyskinesia. It is not a cure, and does not stop disease progression.

It can **reduce the need for medications**, **improve quality of life**, and offer **greater symptom control**—especially when medications are no longer enough.



How DBS Works

- + Electrodes are placed in specific areas of the brain
- + A small device (like a pacemaker) is implanted under the skin in your chest
- + The device sends ongoing electrical pulses to help regulate brain activity
- + Settings are adjusted over time to meet your needs

Is DBS Right for Me?

Ask yourself

- ? Are my symptoms difficult to manage with medication?
- ? Do I have troublesome side effects from my meds?
- ? Am I in good health and open to surgery and follow-up care?

Why Choose Beth Israel Deaconess Medical Center?

First hospital in Massachusetts to offer DBS treatment.

- + Among the most experienced centers in New England
- + Comprehensive Parkinson's' Disease and Movement Disorders Center

A conversation with your neurologist or movement disorder specialist is the first step. **For many patients, DBS offers life-changing symptom relief and renewed independence.** Call (617) 667-0519 or visit bidmc.org/dbs.