

# KIDNEY RECIPIENT POST TRANSPLANT CLINICAL PATHWAY

This Clinical Pathway is intended to assist in clinical decision making by describing a range of generally acceptable interventions and outcomes. The guidelines attempt to define practices that meet the needs of most patients under most circumstances. However, the ultimate judgment must be made based on circumstances that are relevant to that patient and treatment may be modified according to the individual patient needs.

		Weeks Post-Op						Months		Annual	
		1	2	3	4	6	8	10	3	6	12
VISITS	Surgeon	X		Staple removal							
	Nephrologist		X								
	Behavioral Health				X				X	X	X
	Urology (stent removal)	Confirm appt			or week 5 or 6	or week 4 or 5					
	Transplant coordinator	X	X	PRN	X	PRN	PRN	PRN	X	X	X
	Research coordinator	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN
	Dietician	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN
	Transplant pharmacist	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN	PRN
LETTERS	Surgeon to PCP, referring nephrologist, other MD	Including op note and DC summary	X	X					X	X	X
LAB TESTS	List routine blood work	X	X	X	X	X	X	X	X	X	X
	Local lab work weekly separate from clinic visit	X	X	X							
	UA, protein to creatinine ratio	X	X	X		X	X	X	X	X	
	Serum BK PCR				X				X	X	X
	Intact PTH				X				X	X	
	Ferritin, iron, TIBC				X						
	CMV D+/R- monitoring:										
	o CMV PCR q2wks until IgG positive									X	X
o CMV IgG q4wks until IgG positive									X	X	
HISTO/COMPAT-ABILITY	Repeat crossmatch weekly for desensitized patients	X	X	X							
BONE	Bone mineral density				X						
MEDICATIONS	Stop Valganciclovir unless CMV D+/R-								X		
	Stop Valganciclovir and initiate monitoring									X	
EDUCATION	Skin cancer monitoring and prevention	X	X	X	X	X	X	X	X	X	X
	Smoking avoidance and cessation	X	X	X	X	X	X	X	X	X	X
	Medication compliance	X	X	X	X	X	X	X	X	X	X
	Weight control	X	X	X	X	X	X	X	X	X	X

**Behavioral Health includes Psych+/- Social work:**  
 QOL assessment, intervention pathway as need for: compliance, weight loss, relapse prevention, smoking cessation, QOL, caregiver burden