

Division of Urologic Surgery

Message from the Chief

The New England-American Urological Association (NE-AUA) annual meeting in Burlington, VT (October 14-16, 2021) served as our first in-person meeting in 18 months since the beginning of the pandemic. I was so proud of the energy that the BIDMC faculty, residents and fellows brought to this meeting. We were very well represented by the quality and quantity of the scientific presentations at the meeting. We will continue to enhance our learning environment for our faculty and trainees to provide not only top-notch care, but also remain at the cutting edge of scientific discovery.



— **ARIA F. OLUMI, MD**

WHAT'S NEW IN PRACTICE



Dr. Ajay Singla, a nationally recognized urologist whose area of expertise is female urology and neuro-urology, was recruited to BIDMC Urology. Previously, he served as Director and Chief of Female Urology and Voiding Dysfunction at Wayne State University. In addition, he was the residency Program Director at Wayne State University, University of Toledo, and most recently at Massachusetts General Hospital. Dr. Singla has numerous publications focused on the

areas of female urology and voiding dysfunction, including a recent textbook, “Post-prostatectomy Incontinence – Evaluation and Management.” Dr. Singla brings a depth of knowledge and expertise in clinical, education and research practices to our group, and we welcome him as a valued member of our team.

WHAT'S NEW IN EDUCATION



Dr. Ruslan Korets has been selected for the prestigious Medical Education Scholarship Program at BIDMC’s Shapiro Institute. The course is designed to provide participants with core knowledge and skills for applying adult learning theory, curriculum development, and social science research methods to educational issues in medicine and health care. With newly gained skills, Dr. Korets’s continued commitment to resident education will further enhance the learning environment for our residents, fellows and faculty, and provide an outstanding opportunity for engaging and advancing our efforts in faculty development.

Urology Interns Bootcamp is Now Statewide

During the summer, the Division of Urologic Surgery hosted a Urology Interns Bootcamp that provided a dozen interns throughout Massachusetts with dedicated time to become familiar with urologic instruments and techniques; learn from faculty and experienced residents on topics such as urologic emergencies and challenging clinical scenarios; and practice hands-on techniques, such as kidney stone removal, using simulators.

Organized by faculty member **Ruslan Korets, MD**, and resident **Kenneth Softness, MD, MS**, with assistance from resident **Alejandro Abello, MD, MPH** this was the first time the bootcamp was open to and attended by residents from all six urology residency programs in Massachusetts: BIDMC, Boston Medical Center, Brigham and Women’s Hospital, Lahey Hospital and Medical Center, Massachusetts General Hospital, and UMass Memorial Medical Center.

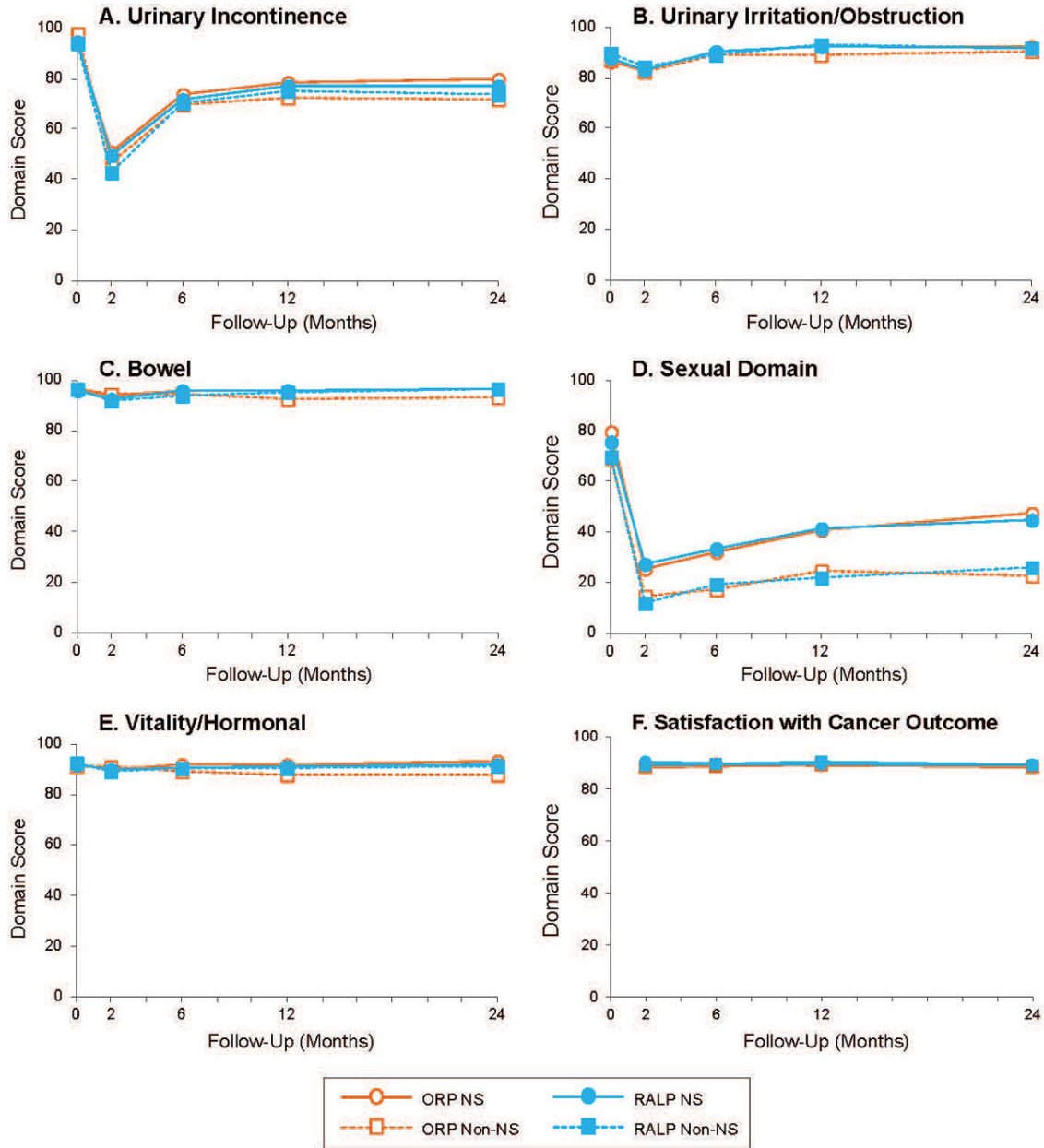


WHAT'S NEW IN RESEARCH



Dr. Peter Chang led the charge of a prospective multicenter study comparing robotic-assisted laparoscopic prostatectomy and open radical prostatectomy in subjects from the PROST-QA/RP2 Consortium – 11 large academic medical centers in the United States that used centralized patient-reported outcome collection to assess baseline and postoperative quality of life. In a manuscript that is accepted for publication, the authors conclude that with an experienced surgeon, men undergoing radical prostatectomy can expect similar long-term quality of life outcomes regardless of surgical approach. The robotic approach does not eliminate the risk of quality of life deficits but does offer superior perioperative and short-term recovery outcomes. Men undergoing open surgery are more likely to need intervention to treat bladder neck

contractures. (Journal of Urology, August 2021 – online ahead of publication)



HONORS AND AWARDS

Dr. Michelle Shabo (PGY-1) was appointed to the BIDMC House Staff Quality Improvement Council. In this role Dr. Shabo advises on ongoing QI initiatives at BIDMC and helps improve care processes at the divisional, departmental and hospital level.

Dr. Aria Olumi was elected to the AAGUS (American Association of Genitourinary Surgeons). The honorary membership, designated for those who have distinguished themselves in Urology, is limited to 75 individuals who

reside in the United States or Canada.

Dr. Ajay Singla was appointed as a consultant on the advisory panel for urological devices at the U.S. Food & Drug Administration.

Dr. Peter Steinberg was promoted to Associate Director of Quality and Safety in the Department of Surgery. In his role, Dr. Steinberg serves as the principal investigator of all quality and safety incidents involving Department of Surgery patients in ambulatory settings and is a key member of the hospital quality and safety infrastructure.

HAPPY HOLIDAYS!



HAPPY HOLIDAYS – Enjoy the duo Nutcracker Suite piano recital by our own **Dr. Peter Chang** at the pianoSonoma Music Festival.

*Philanthropic support is vital for our efforts to advance urologic research, training, and patient care — please visit bidmcgiving.org/urology and consider making a gift to the Urology Cares Fund.
Thank you for your support!*

RECENT PUBLICATIONS

January 1, 2021 to June 30, 2021

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13. International Society for the Study of Women's Sexual Health Clinical Practice guideline for the use of systemic testosterone for hypoactive sexual desire disorder in women. Parish SJ, Simon JA, Davis SR, Giraldi A, Goldstein I, Goldstein SW, Kim NN, Kingsberg SA, Morgentaler A, Nappi RE, Park K, Stuenkel CA, Traish AM, Vignozzi L. J Sex Med. 2021 May;18(5):849-867. doi: 10.1016/j.jsxm.2020.10.009. Epub 2021 Apr 1. PMID: 33814355 Review.

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Division of Urologic Surgery at Beth Israel Deaconess Medical Center
330 Brookline Avenue, Boston, MA 02215
617-667-3739 / bidmc.org/urology / bidmcurology@bidmc.harvard.edu



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